



Gasshuku 2020- Cedar Hills, Utah

Welcome to the Utah Gasshuku!

This year's location of The Seito Shito-Ryu Gasshuku – October 2020

The Gasshuku Dojo is nestled in the foothills of Mount Timpanogos, right outside the mouth of American Fork Canyon. Its outside scenes give you a fantastic and majestic view of Utah Lake as well as the vast spread of the Utah Valley and beyond.

Location: Cedar Hills Clubhouse

10640 North Clubhouse Drive / Cedar Hills / Utah 84062

Dates: October 2nd – 4th

Gasshuku Cost: \$75 Cash Only (Gasshuku t-shirts Available \$12.00)

Dan Testing Information: [Gasshuku Testing](#)

Travel and Hotel Information: [Gasshuku Travel and Hotel](#)

Contact: Elisabeth Whitchurch liswhitchurch@gmail.com 801-319-1475 (text or call)

Training Schedule:

Friday – October 2nd

4-5:30 Youth Training (ages 6-12)

6-8 Training

Dinner @ R&R BBQ

Saturday – October 3rd

9-12 Training

Lunch - Lunch Included in Gasshuku Fee (Village Baker Box Lunch)

1:30-4 Training, 4-6 Dan Testing

Dinner @ Bona Vita Restaurant or Strap Tank Brewery (TBD)

Sunday – October 4th

10-12 Training

Lunch Break

1:30-4 Training

Dinner @ Tsunami Sushi

Monday – October 5th

Optional Group Outing to Local Attraction(s)